

# OCTOBER

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## *FEAST OF THE GUARDIAN ANGELS*

It is said we each have our guardian angel. This old celebration, dating back to the Fourth Century, honors them all.

2

## *SUKKOT BEGINS AT SUNDOWN*

In the Jewish calendar, this is the Feast of the Tabernacles; outdoor shelters are built.

4

## *FEAST OF ST. FRANCIS OF ASSISI*

While you are proclaiming peace with your lips, be careful to have it even more fully in your heart.

9

## *ST. DENIS' DAY*

Sacred to France.

12

## *INDIGENOUS PEOPLES' DAY*

Traditionally Columbus Day.

18

## *ST. LUKE'S DAY*

Luke is a patron saint of artists.



*Autumn comes to Chosen Land, the Sabbathday Lake Shaker Community in Maine.*

20

## *APPLE TUESDAY*

Began in 1904 as National Apple Day; it's the third Tuesday of October.

31

## *HALLOWE'EN*

Our tradition is to tap into the old mysteries of this special night: those that usher in All Saints Day (All Hallows) on the First of November and All Souls Day on the Second: Dia de Muertos. For these are the Days of the Dead when we lovingly call to mind all who came and went before us. They continue all the way to Martinmas on the Eleventh of November.



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CRAFTING GOOD LIVING

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The Sabbathday Lake Shaker Community in New Gloucester, Maine, is always, in our hearts, one of our sacred places. Especially in autumn. We caught this glimpse of fall, featuring the Shaker barns and a glowing maple, during our most recent visit there, two Octobers ago.

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