# SEPTEMBER

2

#### LABOR DAY

Celebrating the American worker upon whose labor this great nation is built.

8

#### NATIVITY OF MARY

The birth of Mary, who goes by many names but is known at this harvest season as *Our Lady of the Grape Harvest*. It's a time of wine making and, in the Alps, of driving the cows home from the mountain meadows to the valleys.

It's also grandparents day
We celebrate and remember our grandparents.

19

### SAN GENARRO'S DAY

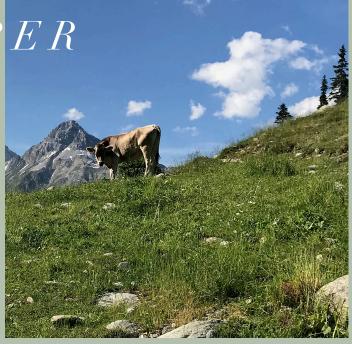
St. Januarius, patron saint of Napoli. A great feast day there and in New York's Little Italy.

## 23

AUTUMNAL EQUINOX 3:50 AM IN LAKE WORTH Balance, but now darkness overtakes light in the Northern Hemisphere as we enter the darker half of the year.

26

JOHNNY APPLESEED'S BIRTHDAY Our great American apple planter was born at the height of apple season in 1774.



September in Switzerland is the month the cows come home from their summery Alpine meadows, home from the mountains to the valleys. This takes place usually around the Nativity of Mary—known also as Drive Down Day. The sound of bells is everywhere as the cows come home with great pomp and ceremony. (We can learn a lot from the bovines.)

2.1

ST. MATTHEW'S DAY

Matthew's Day, bright and clear,

Brings good wine in the next year.

29

ROSH HASHANAH BEGINS AT SUNDOWN And you will cast their sins into the depths of the sea. And you will eat apples dipped in honey.

It's also MICHAELMAS
Celebrating Michael the Archangel. But
angels abound in cultures throughout the
world... it's a good day to celebrate them all.



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One of many cows we met in Switzerland along the Splugenpass this past summer as we drove from Austria to Italy. Count the bells of Alpine cows as amongst the most peaceful of sounds. Convivio Book of Days September 2019 © Convivio Bookworks