

U G U S T

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LAMMAS

USBEJUPOBM FBSMZ harvest festival,
acknowledging summer's waning
and the swift approach of fall.

ARRIVAL OF THE SHAKERS IN AMERICA

Ruled by Sirius, the Dog Star, these often
hottest days of summer run to August 11.

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INDEPENDENCE DAY

The 245th birthday *7* of the United States.
TANABATA

Seventh day, seventh month: the stars
Vega & Altair are at their highest and
most visible, bringing the Star Festival
to Japan; wishes are written on
paper and tied to the trees.

14

BASTILLE DAY

La Fête Nationale of France.

15

ST. SWITHIN'S DAY

*St. Swithin's Day, if thou dost rain,
For forty days it will remain;
St. Swithin's Day, if thou be fair,
For forty days 'twill rain nae mair.*

16

OUR LADY OF MOUNT CARMEL

Sacred to Chile.

23

NEPTUNALIA & SALACIA

Ancient Roman festival honoring
Neptune, the sea god, and his wife
Salacia, goddess of the salty sea.

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ST. JAMES'S DAY

Sacred to Spain. Oysters for supper.

26

ST. ANN'S DAY

Ann, mother of Mary: a patron saint
of sailors, protector from storms.

29

ST. MARTHA'S DAY

Martha teaches us to engage life
and not worry so much about
keeping up appearances.

31

LAMMAS EVE

First of the harvest festivals. Tradition
would have us bake a loaf of bread with
the newly harvested grain for tomorrow's
cross quarter day, Lammas, bringing in
its way a gentle reminder that summer
is waning, autumn approaching.
Shakespeare's Juliet was
born on Lammas Eve.



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CRAFTING GOOD LIVING

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The Dog Days of Summer are a good time to spend at the seashore.

Cover star: "Beach Scene" by Clarice Beckett, oil on canvas, 1932.

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